

Sometimes I'm Bombaloo

K-3

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Spoken Arts Video 9691
Running Time: 6 Minutes**

Story Summary

Sometimes, Katie loses her temper. She used her feet and her fists instead of words. When Katie is this mad, she's just not herself. Sometimes, she's BOMBALOO. Being BOMBALOO is scary. But a little time-out and a lot of love calm BOMBALOO down and help Katie feel like Katie again.

Objectives

Children will talk about different aspects of feeling angry and how to deal with it.

Children will write a story using beginning, middle, and end.

Children will use a Venn diagram to group characters according to feelings.

Before viewing the video

1. What makes you angry?
2. What do you do when you get angry?
3. What does your mom or dad do when you are angry?

After viewing the video

1. What are some of the things Katie does when she is happy?
2. What happened in the story to make Katie angry?
3. What are some of the things she described she does when she is angry?
4. What is she supposed to do in her time-out?
5. Name some of the things she says she hates when she is BOMBALOO.
6. What made her laugh and become Katie Honors again?
7. Katie said she was a little frightened when she was BOMBALOO. Why do you think she felt that way?

Activities

1. Ask the children if they have time-outs when they are out of control. Does it help? Write a list on the board of the places they go to for time-out.
2. Have the children pretend they have a camera and sneak into Katie's room before and then after she is angry. Draw two pictures showing what her room looks like. Or, have the children draw pictures of their own room when it is neat and then messy.
3. Using paper bags, have the children draw self-portraits showing their happy or angry faces. They can use these bags as puppets to act out scenes from this story. Or they can make up stories in small groups and act them out using the paper bag puppets.
4. Have the children write a story about a time when they were so angry they were out of control. Ask them to be sure their story has a beginning, middle and an end.
5. What other stories do they know which have characters showing anger? What do these characters have in common? How are they different?
6. Make a Venn diagram with 'happy' and 'angry' as the two headings. Place characters from different stories in the two categories. Try to see how many can fit into both.

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