

BULLIES NEVER WIN

K-3

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Published by Simon & Schuster Books for Young Readers

Story Summary

Jessica worries about everything, from her socks matching to doing well in school. But in Mr. Martin's class she has her biggest worry: Brenda Bailey. Brenda is a bully and she won't leave Jessica alone. Brenda keeps teasing Jessica, and it worries Jessica so much, that she can't even sleep. In this book, Jessica learns how to deal with Brenda. This is a good resource for children who can learn that bullies never win!

Objectives

1. To learn coping strategies for dealing with bullies.
2. To recognize behaviors which are hurtful to others.
3. To develop empathy for the feelings of classmates and friends.

Before viewing the video

Tell the class that in this video they will meet the author, Margery Cuyler. She will introduce this book. Ask the children if they ever knew someone who teased them or was mean to them. What did you do when this happened? What did other people do when this happened? In this video you will meet Jessica who has a big problem in school...and that problem is named Brenda.

Questions to ask after viewing the video

1. What did Jessica worry about when she was at home?
2. What was Jessica's big worry in Mr. Martin's class?
3. How do you know Jessica felt hurt when Brenda was mean to her?
4. Jessica was worried about going to school. Why was she worried? How did she manage to stay home?
5. What did Jessica's friend Anita tell her to do when Brenda teased her?
6. Jessica's mother tried to help her. What advice did she give to Brenda?
7. How did Jessica finally solve her problem with Brenda?

Activities

1. Initiate a classroom discussion about bullies and bullying as it relates to personal experience. You may wish to include the following points for discussion:
 - Who has ever been teased or bullied?
 - Who has seen someone being teased or bullied?
 - After viewing this video, how do you feel about this happening to you or to someone else?
 - What could you do if you see this happening?
 - What can you do if this happens to you?
2. Lead an activity called "How Do you Feel." Prepare a list of statements that are commonly heard in school, both positive and negative. Have the class identify them as helping them feel good or not so good.
3. In the video, Jessica felt very sad and unhappy before she solved her problem. She felt better after talking with others about her problem. Have the class prepare individual lists of people they can go to with a problem.